



Youth For Christ has impacted over **12 million** young people worldwide through both direct and media ministry in over **100 nations**. Nearly **140,000** of those youth responded "YES" to following Jesus. That is something to celebrate! YFCI

January, 2025

Friends in Christ,

Students were asked what it means to be anxious after reading Philippians 4:6-7.

*"Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus." (NIV)*

The students' response to the meaning of anxiety was "Getting nervous." We then asked the students what they get nervous about. One student said, "Tests. I get nervous about exams and assignments." Another said, "Doctor visits, especially when there are needles involved." Yet another said, "My mom has cancer and I worry about her." Their responses are no different than ours as adults.

**Jesus doesn't promise that He will take all our trials away. He does promise us that if we bring our worries to him in prayer, with thanksgiving, we will receive a peace that surpasses all understanding - a peace that we are dearly loved and we are not alone.**

When you get anxious about something, take it to the Lord in prayer. Then take a moment to pray for our youth, who are probably feeling the same thing.

**Thank you** for all the ways you help us reach out to youth to give them hope - and peace - through a relationship with Jesus,

*John Engelstad*

Austin Area Youth For Christ Director

\*All donations designated for Austin Youth For Christ stay in Austin.

## REACH KIDS CHANGE LIVES DEVELOP LEADERS



**"Be the HEART of  
Youth For Christ"**

We invite you to our Fundraiser Gala

Friday, February 7th, 6 -7:30 pm

Please contact me today for more details:

[John@scmyfc.org](mailto:John@scmyfc.org)

or (507) 481-4894

RSVP requested by January 22nd.